# **Prayers**

## The Serenity Prayer (long version)

Reinhold Neibuhr
God grant me the serenity
to accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.
Living one day at a time;
enjoying one moment at a time;
accepting hardships as the pathway to peace;
taking, as He did,
this sinful world as it is,
not as I would have it.
Trusting that He will make all things right
if I surrender to His Will;
that I may be reasonably happy in this life
and supremely happy with Him forever in the next. Amen.

# **Priestly Blessing**

NAS, Numbers 6:24-26
The LORD bless you, and keep you;
The LORD make His face shine on you,
And be gracious to you;
The LORD lift up His countenance on you,
And give you peace.

#### **Paul's Benediction**

NAS, 2 Corinthians 13:13
The grace of the Lord Jesus Christ, and the love of God,

and the fellowship of the Holy Spirit, be with you all.

#### **Prayer of Saint Francis**

Lord, make me a channel of thy peace, that where there is hatred, I may bring love; that where there is wrong, I may bring the spirit of forgiveness; that where there is discord, I may bring harmony; that where there is error, I may bring truth; that where there is doubt, I may bring faith; that where there is despair, I may bring hope; that where there are shadows, I may bring light; that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted; to understand, than to be understood; to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life.

## Fifty-first Psalm

NIV, Psalms 51:1-2, 10-12

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions.

Wash away all my iniquity and cleanse me from my sin. Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

### **Mealtime Prayers**

Bless us, O Lord, and these gifts which we are about to receive from thy bounty, through Christ our Lord.
Amen.

For food in a world where many walk in hunger, For friends in a world where many walk alone, For faith in a world where many walk in fear, We give you thanks, O Lord. Amen.

## The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.

## **The Sign of the Cross**

In the name of the Father, and of the Son,

and of the Holy Spirit. Amen.

#### **Come, Holy Spirit**

Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love.

Send forth your Spirit and they shall be created And you shall renew the face of the earth.

O God, who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in his consolation.

Through Christ our Lord.

Amen.

### **Children's Prayers**

God is great,
God is good,
let us thank Him for our food.
Amen.

Thank you for the world so sweet, Thank you for the food we eat, Thank you for the birds that sing, Thank you God for everything. Amen.

Bless me Lord, this night I pray, Keep me safe till dawn of day, Bless my mother and my father, Bless my sister and my brother, Bless each little girl and boy, Bless them all for heavenly joy. Amen.

Now I lay me down to sleep, I pray Thee, Lord, thy child to keep: Thy love guard me through the night And wake me with the morning light. Amen.

Father in heaven hear my prayer, keep me in your loving care.

Be my guide in all I do,

Bless all those who love me too.

Amen.

#### **Prayer for Peace**

Lead me from Death to Life, from Falsehood to Truth, Lead me from Despair to Hope, from Fear to Trust,

Lead me from Hate to Love, from War to Peace,

Let Peace fill our Heart, our World, our Universe. Amen.

# Prayer of St. Richard of Chichester

Thanks be to thee, my Lord Jesus Christ,
For all the benefits thou hast won for me,
For all the pains and insults thou hast borne for me.
O most merciful Redeemer, Friend, and Brother,

May I know thee more clearly, Love thee more dearly, And follow thee more nearly: For ever and ever. Amen.

#### **An Evening Prayer**

Dietrich Bonhoeffer

O Lord my God, thank you for bringing this day to a close. Thank you for giving me rest in body and soul.

Your hand has been over me and has guarded and preserved me.
Forgive my lack of faith and any wrong that I have done today, and help me to forgive all who have wronged us.

Let me sleep in peace under your protection, and keep me from all the temptations of darkness.

Into your hands I commend my loved ones.

I commend to you my body and soul. O God, your holy name be praised. Amen.

# A Prayer for Those Who Have Died

St. Ignatius Loyola

Lord, welcome those who have died. Lord, welcome into your calm and peaceful kingdom those who have departed out of this present life to be with you.

Grant them rest and a place with the spirits of the just; and give them the life that knows no age, the reward that passes not away, through Christ our Lord. Amen